According to the World Bank, 28.2% of Tanzania’s population lived below the national poverty line in 2011. Persons with disabilities are among the most vulnerable as they lack the means to get the medical care that they need. The country has maintained relatively stable with high growth over the last decade (averaging 6%–7% per annum). While the poverty rate has recently declined, the absolute number of the poor has not changed given the fast pace of population growth (over 3% per annum).

Tanzania ratified the Convention on the Rights of Persons with Disabilities (UNCRPD) in 2009, and passed the Persons with Disabilities Act in 2010; the national strategy for non-communicable diseases, which covers 2016–2020, includes physical rehabilitation to some extent. However, centers still lack raw materials and staff, and access to services in remote areas is also inadequate. In 2018, the Tanzanian government announced that 2% of the district budgets allocated to woman’s health will be spent on disability in their respective districts.

Since 1997, MoveAbility has worked with the Tanzania Training Centre for Orthopaedic Technologists (TATCOT) to train physical rehabilitation professionals from across Africa. In 2009, we began our partnership with Comprehensive Community Based Rehabilitation in Tanzania (CCBRT), a health care organization that seeks to prevent disabilities, to provide affordable rehabilitation services, and to empower persons with disabilities and their families.
OUR APPROACH IN TANZANIA

WORKING WITH NATIONAL AGENCIES
In Tanzania, we work with national stakeholders at different levels, such as Shirikisho la Vyama Vya Watu Wenye Ulemavu Tanzania (SHIVYAWATA), a Disabled People’s Organization (DPO). We will continue working with them to foster social inclusion. To strengthen the rehabilitation sector, the National Advisory Council for Disability will be invited to join the platform to ascertain their role in disability inclusion and function as the agency to provide social protection and inclusion.

We will also coordinate activities with CCBRT, the Jakaya M. Kikwete Youth Park and the Tanzania Paralympic Committee to increase persons with disabilities’ access to sports facilities, devices and services.

To answer to the needs of a qualified rehabilitation workforce with appropriate skills, our collaboration with TATCOT will continue to provide a selection of specialized short course training and field placement at CCBRT.

The support to the Association of Prosthetist and Orthotists and the Association of Physiotherapists has helped to register them under the medical council and we will continue to support them to create evidence-based clinical practice guidelines, standards of care and other guidance that supports effectiveness of services.

We will maintain our cooperation with the International Red Cross and Red Crescent Movement by looking for opportunities to work with the Tanzania Red Cross.

JUMPING KIDS IN SOUTH AFRICA
Abdul Hamad Kipango, 11 years old, and Musa Hussein Msfari, 9 years old, two boys from Dar Es Salaam in Tanzania, recently took part in a pilot prosthetic training program in South Africa, called “Jumping Kids”. This might be their chance to become high-level sports competitors.

They both underwent a lower limb amputation after a road accident. They abandoned their dream of becoming athletes and instead had to adapt to their new physical condition.

In Tanzania, only a minority of persons with disabilities have access to assistive technology. As a result, most of them cannot live independently and have access to sports.

A pilot project for the benefit of children with disabilities
Luckily, Abdul and Musa benefited from a prosthetic training program supported by MoveAbility, and hosted by Ottobock South Africa, Iceexpress Prosthetics and Jumping Kids. It changed their lives!

The program aims to help the Southern African Development Community increase its level of support to children living with lower limb amputations. Rehabilitation sector professionals were invited to a week-long workshop. They received a training on the latest prosthetics technologies, methods and rehabilitation techniques.

Among the participants in the program, two ortho-prosthetists from Tanzania participated. They followed a training which allowed them to take care of the two boys, Abdul and Musa. Ruth Onesmo, from Comprehensive Community Based Rehabilitation in Tanzania (CCBRT) and Baraka Moshi from Tanzania Training Centre for Orthopaedic Technologists (TATCOT), started with an assessment and followed their training by the manufacturing and fitting of the sports prosthetic device.

Also in partnership with the Tanzania Paralympic Committee (TPC), a sports training program will be developed with the JMK Youth Park. This will allow the two boys, as well as other children with disabilities, to play sports in and out of school in Tanzania.

After his fitting and trying out his new sports prostheses, Musa started dreaming again: he wants to become one of the next Paralympic athlete of Tanzania!

He didn’t waste any time! As soon as he was fitted, he went to play football and ran around the building!
MAIN ACHIEVEMENTS

NATIONAL PLAN
The national rehabilitation platform continued to hold meetings to discuss the development of Tanzania’s physical rehabilitation sector, and develop a strategy for the sector.

EDUCATION AND TRAINING
We helped TATCOT organize a technical training course for rehabilitation professionals in Rwanda. With our support, the president of the Association of Physiotherapists in Tanzania attended a conference for health practitioners in Geneva.

QUALITY OF SERVICES
We conducted a technical assessment based on beneficiary feedback at CCBRT, and shared our recommendations with them, this resulted in improved service user experience and efficiency of service provision at CCBRT.

ACCESS TO SERVICES
We worked with local organizations and professionals to help improve access to services and opportunities for social integration of persons with physical disabilities. For example, technicians from CCBRT and TATCOT outfitted two schoolboys with prosthetics suitable for sports, enabling the children to join the Jumping Kids sports program in South Africa. Our financial support to the Tanzania Amputee Football Federation contributed to its official recognition. SHIVYAWATA added an additional driver to its transport program to help improve access to rehabilitation services in CCBRT.

MANAGEMENT CAPACITIES
We conducted management training for key CCBRT personnel to help them apply the principles of lean management, the organization’s chosen tool.

BENEFICIARY STATISTICS 2016–2018

PEOPLE WHO RECEIVED SERVICES FROM OUR PARTNERS

<table>
<thead>
<tr>
<th>Year</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>1,702</td>
<td>1,192</td>
<td>1,223</td>
</tr>
</tbody>
</table>

BREAKDOWN OF PEOPLE WHO RECEIVED SERVICES

<table>
<thead>
<tr>
<th>Year</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-15 yrs</td>
<td>13%</td>
<td>18%</td>
<td>25%</td>
</tr>
<tr>
<td>16 yrs+</td>
<td>10%</td>
<td>17%</td>
<td>16%</td>
</tr>
<tr>
<td>45 yrs+</td>
<td>45%</td>
<td>37%</td>
<td>33%</td>
</tr>
<tr>
<td>65 yrs+</td>
<td>32%</td>
<td>28%</td>
<td>26%</td>
</tr>
</tbody>
</table>

ASSISTIVE DEVICES PROVIDED BY OUR PARTNERS

<table>
<thead>
<tr>
<th>Year</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prostheses</td>
<td>56</td>
<td>39</td>
<td>84</td>
</tr>
<tr>
<td>Orthoses</td>
<td>1,237</td>
<td>564</td>
<td>358</td>
</tr>
<tr>
<td>Crutches</td>
<td>113</td>
<td>118</td>
<td>124</td>
</tr>
<tr>
<td>Wheelchairs</td>
<td>65</td>
<td>65</td>
<td>40</td>
</tr>
</tbody>
</table>

1 Services include: prosthetics and orthotics, physiotherapy, other rehabilitation services and consultations. The final beneficiaries data as reported by the partners in the field.
2 As reported in October 2018, extrapolated to year end.
OBJECTIVES AND EXPECTED IMPACT FOR 2019-2021

By the end of the reporting period covered by this document, in 2021, we aim to have contributed to the following objectives:

**NATIONAL PLAN**
- By the end of 2019, a plan of action with a framework for monitoring and evaluation is developed by the national platform to implement the rehabilitation strategy adopted in 2018.

**EDUCATION AND TRAINING**
- Professionals working in the rehabilitation sector – prosthetists, orthotists, and physiotherapists – enhance their skills with MoveAbility’s support; students continue their education in physical rehabilitation on MoveAbility scholarships.
- Training Center for Orthopedic Technologists (TATCOT) applies innovative teaching approaches and maintains their accreditation with national authorities and international organizations.

**QUALITY OF SERVICES**
- Physical rehabilitation centers are able to regularly assess the quality of their services, through user group discussions and client satisfaction interviews.
- The user feedback process becomes a practice standard leading to the development of a national guideline for rehabilitation.

**ACCESS TO SERVICES**
- Persons with physical disabilities take part in events held by the Tanzania Paralympic Committee to foster social inclusion through sports.
- Particularly vulnerable persons with physical disabilities have access to financial support.

**MANAGEMENT CAPACITIES**
- Staff from centers supported by MoveAbility improve their management capacities, and their ability to assess their performance, by applying training on the appropriate tools (e.g. Beneficiary Feedback and Technical Assessment, EMP).
- The Comprehensive Community Based Rehabilitation in Tanzania (CCBRT) authorities apply principles of LEAN management to improve their systems.

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1 The budget is indicative and is subject to income received.